RHYTHM READING

BOOK 4

10 NEW WORKSHEETS
FOR THE
MIDDLE AND HIGH
SCHOOL CLASSROOM

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Dearest Colleagues and Music Lovers!

Welcome to the rhythm reading exercise book 4!

This booklet is full of great rhythm exercises to challenge your young musicians and can be applied in the choral, general music, band and orchestral classrooms. All 10 exercises have play-along videos that can be found for free on YouTube @musictheorymadesimple.

Each worksheet comes with a new rhythmic challenge.

Worksheet 31 - 9/8 time signature. dotted rhythms and rests

Worksheet 32 - 9/8 time signature. dotted rhythms and rests

Worksheet 33 - 5/4 time signature. Dotted rhythms, triplets and rests

Worksheet 34 - 5/4 time signature. Dotted rhythms, triplets and rests

Worksheet 35 - 4/4 time signature. Quavers, triplets and semiquavers

Worksheet 36 - 4/4 time signature. Quavers, triplets and semiquavers

Worksheet 37 - 4/4 time signature. Quavers, ties and semiquavers

Worksheet 38 - 4/4 time signature. Quavers, ties and semiquavers

Worksheet 39 - 4/4 time signature. Quavers, semiquavers and rests

Worksheet 40 - 4/4 time signature. Quavers, semiquavers and rests

For each worksheet there are 12 lines. Each of the 12 rhythm patterns consist of 3 measures and a bar for resting and breathing. This gives students a chance to look ahead at the next line.







Some variations you can use in the classroom:

- clap the rhythms
- say the rhythms with sounds (tea, coffee, lemonade, ti-ta, etc)
- assign different body percussion sounds for different beat values, e.g. stomp for a minim, click for a crotchet, tap knees for quavers, etc. Students can also come up with suggestions
- play, clap or say the rhythms at different metronome settings
- Play the rhythms on instruments. Either on a unison pitch or assign a note from a chord to each section. When teaching beginner band I used a concert Bb and a concert Bb chord.
- Play each line as many times as you say
- Have different sections play a line
- Play whole exercise as a round
- Different sections of the class can start on a different line number so that they focus on the rhythm they are playing whilst other sections are playing a contrasting rhythm. E.g. flutes line 1, clarinets line 3, trumpets line 4. You can do this for just one line or cycle through the whole 12 rhythm patterns.
- Half the band starts at rhythm 1 and plays to end. Half the band starts at rhythm 12 and plays the rhythms in reverse (12, 11, 10, 9, etc. until 1).
- Find a Youtube song and get students to play, clap or say rhythm patterns along to the song.
- A student plays a rhythm pattern and other students have to identify it.
- No repeats. Play the first bar only of each line.
- Play patterns using first 5 notes of a scale up and down.
- Mix and match pair worksheets together and split the ensemble. E.g. brass play worksheet 4 at the same time as woodwind play worksheet 5. (2/4 and 6/8).
- Use flashcards and hold up the next number to play. This encourages students to look up at the conductor for directions.
- Use the rhythm patterns to compose simple melodies as a class composition task.

I hope your students enjoy the latest set of exercises!





R. Hardman



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R. Hardman = 100Rhythm 2 H Rhythm 3 H Rhythm 4 H Rhythm 5 Rhythm 7 H Rhythm 9 H























R. Hardman J = 100









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